

Days of / GRACE

September October 2023



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WHAT ARE THEY UP TO NOW???

THE ART OF BECKY GOODWIN

PAM ABBEY, INTERVIEWER



Hildegard of Bingen



Joseph and Child



Madonna and Child



What Are They Up to Now???

Becky Goodwin

interview by Pam Abbey

Some couples bond over bridge, some couples bond over golf, some couples bond over cooking. Becky Goodwin and her husband, Paul Colbert, bonded overicon painting!!

Raised a Roman Catholic and attending Catholic schools, Becky was often in the company of icons and found she was attracted to them. But it wasn't until she was in seminary and touring a Greek Orthodox church that she learned she could paint them, too.

While serving Madera UMC, Becky learned that her friend, Paul, painted icons and she asked him how he learned. Paul was going on a retreat to paint icons that very week and invited Becky to come along. She couldn't do it, but Paul picked up some tips there and came home with a step- by- step plan to teach her. So they began to paint together regularly. Becky had always had an artistic streak and in icons, she says, "I found my art!"

Eventually, the painting sessions began to end with "Do you want to stay for dinner?" "Would you like to watch this program on TV with me?" They discovered they were falling in love and they credit the icons for their love.

Becky says that a basic form is always used. There is always the face of a well-known saint, with that familiar halo around their head, plus an object that represents their attributes. In her painting of Hildegard of Bingen, Becky used a scroll. A modern icon of Dorothy Day

shows her holding a copy of The Catholic Worker.

Icons are meant to be a window between the viewer and God. We gaze through the window to God and God gazes back. The light in the icons is not meant to be from the sun, but emanating from the saint.

There are a lot of rules and traditions for painting icons, but there is also room to be creative. Traditionally, female figures have had their heads completely covered and hair is not shown. But Becky, gentle rebel that she is, likes to let a little hair sneak out from under the head covering, especially when she is painting a Madonna from another ethnic group, which she is fond of doing.

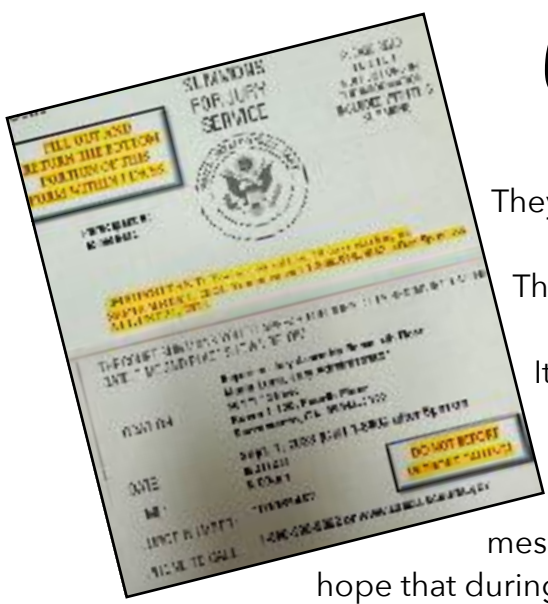
Becky and Paul, now living in Pilgrim Place in Claremont, have a prayer corner with about twelve icons set up. Orthodox homes commonly have icons, especially in the kitchen, where there is often a small Madonna and Child.

Becky stresses that icon painting is a spiritual practice. The goal is not perfection but prayer. If you are interested in learning more, you might try reading [A Brush with God](#) by Paul Pearson, Becky and Paul's favorite instructor. The author also conducts regular workshops on icons. Bread of Life Center in Sacramento recently hosted one.

Know a clergy person with a new calling or interest in retirement?? Suggestions for this column are happily accepted.



**Bonjour!
Sandy went to Paris and all we
got was this photo! She'll be
back with her column in the next
issue!**



Uncle Sam Wants....ME!

They wanted me before my surgery, I said I was unable to serve.

They wanted me in June, I said.....Annual Conference!

It is now September and I can no longer avoid them.

If called, I will be in lovely downtown Sacramento during the day and working from home in the evenings. Leave phone messages and emails and I will return them when I can. Let us

hope that during this entire month, I will not be called! Or at least won't be retained as a juror....

Moved?

New Phone Number?

New Email Address?

Let the RCA in on the secret!

Send updates to: nancydaley@ca-nv-rca.org

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BIRTHDAYS!

September

KATHRYN ANDERSON
IZURU ARATANI
VIRGINIA BLACK
JOLA BORTNER
DENISE BOWMAN-
WYLIE
DAWN BOYD
ROD BRAYFINDLEY
DAVE BUNJE
CAROL CARTER
JANE CORSON
BOBBIE CORSON
MARY ANN DE OCERA
RICHARD EDDE
RENAE EXTRUM-
FERNANDEZ
SHIRLEY FELLERSEN
MYRTLE FINDLEY
CARYL FLOYD
LYNN GEORGE
GEORGE GOLDEN
BECKY GOODWIN
JIM HAMMER
LANA HARKNESS
BARBARA HENSHAW
JEFF HOLDER
PEGGY HUANG
CHUCK JOHNSTONE
ROGER KIMBLE III
JIM KUBIK
YANG JA KYE
MELE LOUMOLI
MICHAEL LOVE
DOLLY LOVE

HELEN MANSFIELD
LORI McLAUGHLIN
SAYURI MORITA
AURA-LILA OCHOA
CAROLE PATERSON
KAREN PAULSEN
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JAY PIERCE
SHARON PITCHER
MARLENE PLAIN
VICTORIA SCHLINTZ
VIVE SIMON
NANCY SIMPSON
STANLEY SIMPSON
CHUNG-MYUNG SONG
STEVEN THOMPSON
JUDY TRAVELSTEAD
TONY UBALDE JR.
MARK VALE
LISA VO
BENTON WHITE
CECIL WILLIAMS

October

DAVID ATKINS
ANGEL BETANCOURT
JERRY BRUCE
MARSHA BRYAN
TOM BUTLER
CAROLYN BUTLER
VIRGIE CABOTAJE
LOUISE CARTER
GAIL CHIEW
BOB COLLINS
CORAZON CRUZ
PAM CUMMINGS
DENNIS CURIE
DONNA DECAMP
RAY DOWDY
RON DUNN
STEVEN EATOUGH-
SMITH
NYMPHAS EDWARDS
JAN EVERHART
CAROLINA FABILA
MAY FINAU
STAN GARMENT
NANCI GOODYEAR
TOM GOULD
SHIRLEY GUNCKEL
NEAL HARRIS
HOLLY HILLMAN
TOM HILLMAN
TONY HOEFNER
CELIA KAN KAN
HEE-SOK KIM
ALAN KIMBER

BOB KUYPER
ELIZABETH ANN
KUYPER
CINDY LAWLER
PHIL LAWSON
ROD LEE
FRANK LEIBERT
BRIAN MARK
NANCY MATSON
VICTOR MATSON JR.
KAREN McNEILL
MARK MOON
KRISTIE OLAH
NANCY PATTERSON
MACK PHILLIPS
SYBELLA POPE-SEARS
STEVE PUDINSKI
VICKI RESCH
SYLVIA ROBERTS
RONALD SAYLOR
NAOMI SOUTHARD
DAN STURDIVANT
GLENDA THOMAS
PATRICIA THOMPSON
ANNE MARIE VALE
SAMUEL VORN
TEMPE WENNERHOLM
DOROTHY WILLIAMS
EMILY WOUDEBERG



September

JERRY & SUE ANGOVE
DAVE & JACKIE BENNETT
BOBBIE & DICK CORSON
DICK & BOBBIE CORSON
NANCY & NORM DALEY
JAN EVERHART & JAN RATLIFF
ALPHA GOTO & PAMELA ODO-GOTO
LEE & LINDA HAYWARD
BILL & KATE JOHNSON
VINCENT & KERRY MIXIE
DOUG & MARTHA MONROE
MICHAEL SWARTZ & NANCY MC CONNELL
MIKE & CHRIS TURGEON
SAMUEL & SOLINNA VORN
PAUL & BARBARA WEBB
HERB & ROSE WHITE

October

JUAN & DEBBIE ARJONA
WARREN DALE & GEORGI LaBERGE
BARBARA HORIKOSHI-FIREBAUGH & JOHN FIREBAUGH
HEE SOON KWON & HONG KI KIM
HANKYU & YOONHYEH PARK
PATRICIA SPOONER-WALTHER & GARRET WALTHER
B.J. STILES & STEVEN MC COLLOM
RICHARD STINSON & SAYURI MORITA
JOHN SUBLETT & NADINE DeWITT
DANTE & OLIVE TANGONAN

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Is-Beens - Sacramento
Sue Angove, Correspondent

ANGOVE, Rev. Jerry and Sue are staying close to home most days as Jerry slowly recovers from a fall at Annual Conference. A skin infection and a hematoma (blood pooling under the skin) in one leg have resulted in several trips for checks to the ER or admissions to the hospital. Sue is providing daily routines of care which doctors tell us likely will last three months or more. We have the time, however long it takes! He continues to add to his N Scale railroad layout. Sue misses her longest friend of 73 years, Chris Mullery Cote who died on Easter...lots of memories to cherish. We plan to worship Sunday, September 3rd at Los Altos UMC. Sue spent nine years of her life there and married Jerry there that same Sunday 56 years ago. We are looking forward to that special day.

CUNNINGHAM, Rev. Don is living in Sacramento with his daughter, Nanette and her family. She is a physician with UC Davis health system practicing Rehabilitative medicine. Don shares he has suffered a series of strokes affecting his mobility and speech. He would very much appreciate correspondence/cards from colleagues and friends. You may reach him @ 1801 Sherwood Avenue, Sacramento 95822. Please offer support.

GOLDEN, George moved from Hollister to Sacramento following the death of his wife, Rev. Ardyss Golden who we honored during June 2023's opening Worship-Memorial service at Annual Conference. He is happy to be living at Land Park Eskaton Senior Independent Living, 3225 Freeport Blvd., Apt. #219, Sacramento 95818. (831) 207-2454. Give George a call. His son, Jeff lives in Sacramento too.

GRUNDMAN, Revs. Deb and Gary enjoyed a two part cruise this summer - first around the British Isles, including two stops in Ireland and then three weeks seeing Norway, Iceland, and Scotland. The latter part of the trip was shared with son, Dave and wife, Michele. Hiking was on the itinerary so many of those days we got in our "thousand steps". One day we found an old ski jump in Norway built in 1954 but no longer in use. That didn't stop Dave from climbing to the top. He and Gary also snorkeled in the Silfra Fissure where two tectonic plates were formed in 1789 by earthquakes accompanying the divergent American and Eurasian tectonic plates in Thingvellir National Park. Gary served in interim ministry in Arbuckle and Parkside UMC, Williams for pulpit supply and support February through September, with help from other clergy and lay persons. It has been a FULL SUMMER for sure!

HERSCHBACH-MARTIN, Rev. Eva and **MARTIN**, Ed are doing fine.

Since Eva fell down stairs last year, we have been looking into all of our options how to handle the situation now. We have checked out many but none have worked out. Now we are considering the placement of a Stairlift so we can stay in our current home. This seems to be the best choice for us now. We ARE enjoying life and walking more each day. GREAT!

KELLY, Rev. Linda has been enjoying camping this summer with her brother and his wife and their dogs, pulling her 1946 Teardrop trailer behind her Honda Accord to places along the north coast of California.

Linda is working part-time at Loaves and Fishes coordinating the Side-by-Side listening ministry she started there 22 years ago. "It is VERY rewarding, at times exhausting, but good. Some of the current guests and staff still remember me. I have been gone from there 10 years. I started working there again last November."

Now I am the proud grandmother of two boys, one 3 years old, the other 10 months of age. I don't see them often enough since they live in Connecticut where her son and his fiancée have just bought their house on three wooded acres.

KIMBALL, Rev. Tom and Connie have spent over a year's time renovating and adding to his family home in Covington, Georgia, a part of the Atlanta metropolitan area. They finished the work this past May. They are



excited to have it open as a Bed & Breakfast property. About two years ago Connie insisted they bring Tom's sister, Addie home with them to live in California. Sadly, she passed this past December. Within the next two or three weeks, their son, Cornelius also passed. As they were experiencing overwhelming grief and sorrow, Connie and Tom chose to celebrate Addie and Cornelius' Home-Goings together back in Covington, Georgia. Tom and Connie want us to know they are doing "okay".

LOESSBERG-ZAHL, Rev. Linda and Bob are doing well. She enjoys her work as a psychotherapist.

MCGRAW, Rev. Bonnie is sorry to have missed the most recent gatherings for RCA. She has just returned from a family reunion held in Indiana. "Being retired, you'd think my schedule would not be so filled"!

MONROE, Rev. Doug and Martha are mostly staying home during this summer as Doug recuperates and recovers from having spine surgery in San Francisco.

Remembering not to bend, twist, or turn is difficult. Martha is providing loving care and support at this time. On August 9th, the surgeon told them everything is still in place as it should be and is healing nicely. They look forward to a fall drive to Fort Jones UMC, Doug's first pastoral appointment where they will help the church AND the whole town celebrate the church's 150th anniversary. If Doug

has recovered adequately, they plan a trip to New York City at Thanksgiving where their granddaughter living on Mercer Island, Washington will march with her band in the Macy*s Thanksgiving Day parade. All the family will go to enjoy the event.

MURDOCK, Rev. Marty and Cheryl are still thankful to have moved to the city of Rancho Cordova, part of the metropolitan area of Sacramento. They live close to daughter Joy and her family. This means they help with their two grandsons' school activities and sports. They are in Kings Beach with friends for Cheryl's birthday. Soon they will visit Switzerland with Cheryl serving as their terrific Travel Agent!

SCHWARZENTRAUB, Rev. Betsy and Ken continue to enjoy living in Elk Grove. She is working on an expanded edition to her book "Tossed in Time" where she will explain the basis for the book. She and Ken will travel to Arizona in October so she may officiate at the wedding of their granddaughter, Tricia. That's exciting!

WATERS-JULSING, Kay wants to again thank our RCA group for continued prayers and support throughout her recovery from a bacterial blood infection and open heart surgery to replace her mitral valve which occurred because of the infection in 2021. Prayers for daughter Kathy have been and continue to be answered. She is in remission from leukemia The family and especially the two of

them are doing very well. How miraculous!

Take care of yourselves and each other. Stay safe...stay well...and stay in Love with God...AMEN

AN OUT OF OUR AREA

CONTACT: Retired in the Desert-Southwest Conf.

KUYPER, Rev. Bob and Elizabeth touched base with me last week They live in Tucson, AZ but are in Winston-Salem, North Carolina this summer caring for son John and his wife's home. The younger Kuypers are in the wife's country, the Philippines visiting her family. Elizabeth and Bob are liking the cooler weather in the east. They, however, do not like the humidity! Both Elizabeth and Bob are doing okay but dealing with health challenges like many of us who are retired. They send greetings to our RCA members. They would be happy to see those who might travel to Arizona when the temperatures drop to realistic numbers, not in the 100's, especially day after day of 110 plus heat.



Mission and Justice Committee

- Keep in your prayers our RCA work team in Paradise September 17-22: Madi Elsea, Rod Lee and Buffy, Marty Murdock, Bonnie McGraw, Gary and Sybella Pope-Sears, Dixie and Robert Jennings-Teats. Six from the Endowment Board. Judith Stone is assisting in food purchase.
- Great thanks to Michael Yoshii for bringing his two guests from Wadi Foquin this month to RCA with gatherings in the North and East bays and Sacramento. Thanks to Heather Hammer for helping to organize RCA presence at the dinner in Alameda.

BOOK STUDY: this coming October- Wednesdays, register with Betty Pagett, bettypagett@gmail.com suggested time, 11 a.m., we can adjust that if another time is better for registrants:

DANCING IN THE DARKNESS: Spiritual Lessons for Thriving in Turbulent Times, by Otis Moss III [Simon and Schuster]

Are you at work on some area of mission or justice? Let us know. We continue to want to share your concerns and your experience. There is already talk about work project in Maui next year.

Marty Murdock and Betty Pagett

Memorial Scholarship Committee

Dear Alice Ann, Nancy, and the rest of the RCA,

Thank you so much for your generosity in awarding me another scholarship to help offset the cost of my coursework this year! It is so appreciated, especially since my local church doesn't have any means for helping financially. I really appreciate it. Also, thank you for the delightful luncheon, and I really appreciated the vegan fare!! It is always wonderful too to have a chance to meet some of the rockstars of the conference and hear how you all have served in your years of ministry. Such a warm welcome!!

Please extend my gratitude to those on the committee, and those in the larger association.

Very gratefully,
Tara Macy

Relational Care Committee

The Card Ministry of the RCA has been an important part of our communication with each other and being a blessing and support to our fellow ministry Colleagues.

We are trying to establish the program for the coming year. Won't you please consider join us in this ministry by sending Carolee Catterall your name and maybe a month you might like to send Birthday and Anniversary cards. We need about 24 people because we are trying to divide up the months in half to make it a little easier to accomplish. Please consider being a blessing in this way.

Thank you ahead of time for saying "YES"!
Peace and Grace,
Carolee Catterall
530-635-4580 cdcsunflower@yahoo.com



Gratitude in Action

Minister Appreciation Month

Lloyd and Donna Hall

In 2019, Lloyd and Donna Hall, faithful members of United Methodist Church of Merced, made a \$10,000 donation to The Endowment Board in honor and in memory of all of the ministers who served them in their years of attending United Methodist churches, starting with the pastor who married them in 1952! Rev. Doug Norris was on the list of honorees... "When I learned of Lloyd and Donna's contribution in my honor, I was surprised and overwhelmed. What a joy it is to be appreciated! Whenever I have felt discouraged through the years, a note, letter, card or verbal encouragement made my spirit soar and encouraged me to remember to encourage and thank others. What a difference it makes to church members to be thanked! How easy it is to get busy and forget how our people also need to know they are appreciated."

October is Minister Appreciation Month and this year, in partnership with the California-Nevada Conference, The Endowment Board is encouraging people to lift up their ministers with messages of gratitude, acts of kindness and appreciation, and tribute donations. The Endowment Board will send special acknowledgements to honorees for all tribute donations made to them in reference to Minister Appreciation Month as a small form of recognition for their sacrificial dedication to their calling. Donations can be made online at EndowmentBoard.org.





Meet the Class of 2023 - A Series

Lois Black

Interviewer: Toni Hartman

Lois Black is planning on spending more time with her family, traveling, horseback riding, worshipping, and doing groups with her husband. Essentially, all the things she didn't have time to do while she was working! Her family is happy to have more of her and less of sharing her time, energy, and attention. She and her husband

Shannon will continue to live in the conference. She is still in discernment of how and to what extent she will serve in the conference. She hopes you join her in prayer for God's faithfulness to her and her family, the early discernment of the Bishop in who will follow so there is time for a smoother transition, the ministry God has allowed her to have. Additionally, for her former online congregation to connect with their new pastor and she will find the way God is calling her to live out the ministry of the life of a believer in a new setting.



Joe Major

Interviewer: Sandy Roberts



Joe is retiring this year after 35 years under full time appointment. He is looking forward to retirement with his wife Julia. They are planning a move from Redding where they have served the last six years to Santa Rosa where they already have a home and will be closer to both their mothers to help with care.

Joe has loved serving in ministry and hopes to stay involved as he settles into retirement. Since he has been in active ministry for so many years he said he can't imagine not being involved in some way.

Joe, we would love to have you working with the Retired Clergy Association in some capacity when you unpack all the boxes and settle in to retired life.



Content Wanted!

Do you want to submit something for Days of Grace? AWESOME. Deadlines are the 15th of the even numbered months! (we publish on odd numbered months).

Please submit a Word Doc or PDF with your information/article. If you want to do a "flyer" type of announcement, photos and copy can be submitted separately and I will put them together.

I am always looking for photos I can use as well. Include a caption so we know the story!

You can submit early, not necessarily for the next issue but for a future issue but please make that abundantly clear! I keep a folder for each month (ie: Sept/Oct; Nov/Dec) and will put your article into the appropriate folder. If you want it to be in more than one DEFINITELY put that IN both the email and on the article.

I only edit for spelling and anything glaringly obvious (ie: What is highlighted by the computer). I want your voice to be evident and so your style will come through. If you want me to edit for more than spelling, please let me know. Do be aware that this annoyed my kids to no end when I would do that for their school papers! Well, it annoyed them in high school but they loved it in college! Generally speaking, I run the article through spell check in the format I receive it and then I run the entire issue through spell check.

If you have photos to go with your article, you can include them in the article or separately. Just keep the same subject line. Example: "My Story Sept/Oct - Copy" and "My Story Sept/Oct - Photos".

With your help, I can keep track of your submissions! Thank you!



Photo by [Florian Klauer](#) on [Unsplash](#)

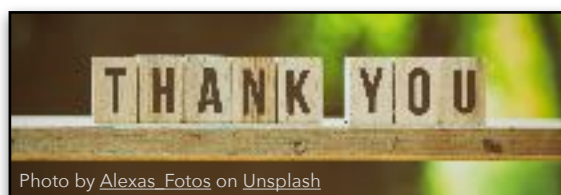


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UPCOMING EVENTS

Spring Fling

April 24-25, 2024

>Christ The King
Citrus Heights

Annual Conference Session

June 7-10, 2024

> Sacramento Convention
Center

Annual Luncheon

June 7, 2024

>Location TBA